

**Support Plus** is the umbrella name for Aviva's support package, which is open to all policy holders (and immediate family) 365 days per year. **Support Plus** includes:

**Bupa Anytime Healthline:** a telephone support service where qualified Bupa nurses provide general health and wellbeing advice, as well as guidance around specific medical conditions.

**Counselling and Carer Support:** telephone (and face-to-face) support in mental health, bereavement, work-related stress and the challenges faced by carers.

## Did you know

Aviva's **Hospital Benefit** will pay out £100 per night (after six consecutive nights) if the policyholder is hospitalised due to any illness or injury. This is payable from the seventh night to a maximum of 90 nights during the policy term.